

Emergency Preparedness Yarmouth, Ma

Presented by:

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Question:



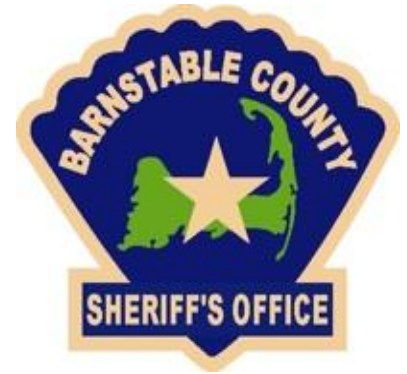
**What is emergency
preparedness?**

Emergency preparedness is:



- Planning and actions undertaken in advance of a possible or probable natural or man-made disaster.
- This includes: Plans for evacuating or sheltering in place, food storage, medicine & first aid items, and a communications plan are major parts of an emergency preparedness plan.

Question:



What is a Disaster?

A Disaster is:

- An unforeseen natural or man-made event that often comes on suddenly and that causes great damage, destruction and human suffering.



Key Disaster Elements



- They are relatively unexpected
- Emergency personnel may be overwhelmed
- Lives, health, and the environment are endangered



Types of Disasters

- Natural



- Technological



- Intentional



Natural Disasters in Massachusetts:



August 19, 1991 Hurricane Bob: Category 2 hurricane. All of Cape Cod lost power (power restored within 5 days). 61 houses destroyed in Massachusetts. \$1.5 billion in damages throughout New England. On Cape Cod thousands evacuated prior to the arrival of Bob creating an 11 mile backup on the Mid-Cape leading to the Sagamore Bridge.

Natural Disasters in Massachusetts:



- February 2013 Winter Storm Nemo: More than 130,000 Cape Cod NSTAR customers lost power. Many for a week!
- Coastal erosion was significant throughout the Cape.

Technological Disasters in Massachusetts:



- November 2006 Danvers, Ma. Danversport factory explosion. Damaged many residential houses.
- March 2011 Middleton, Ma. An adhesive manufacturing plant exploded causing injuries to 4 employees.

Intentional Disasters in Massachusetts:



- April 15, 2013 Boston Marathon Bombing:

2 Pressure Cooker Bombs exploded 12 seconds apart from each other. 3 Killed and 264 treated at local hospitals. On April 18, 2013 MIT Police Officer was shot killed.

Anything can happen at anytime!



- a) Fires
- b) Coastal Flooding
- c) Hurricanes & Tropical Storms
- d) Nor'easters (Winter Storms)
- e) Power Outages
- f) Downed Power Lines
- g) Terrorism

The Three Steps to Preparedness



1. Make a Kit
2. Make a Plan
3. Be Informed

Step 1: Make a Kit

Assemble Disaster Supply Kit



- Water/Food
- First Aid Kit
- Cash
- Hygiene items
- Medicine
- Radio
- Batteries
- Manual Can Opener



Step 2: Make a Plan

Develop an Emergency Plan



- How will you escape your home?
Workplace? Store? Place of worship?
- Where will you gather?
- Who is your out-of-State “check-in” contact?
- Do your neighbors need help?
- Do you have pets?

Step 2: Make a Plan

When planning also consider:



- Will you have an extended stay at a Shelter? Shelter in place? Evacuate?
- Do you have transportation?
- What route (and several alternates) will you use to evacuate your neighborhood?
- Did you practice your plan?

Step 2: Make a Plan

Also consider Evacuation Routes

- Know your way out!
- Have a plan!
- Have a backup plan!





Step 3: Be Informed Community Warning Systems

- Town of Yarmouth Provides CodeRed to distribute emergency messages via telephone, cellular phone, text message, or electronic mail to targeted areas at rapid speeds.

(Registration is confidential, free, and easy.)

<https://www.yarmouth.ma.us/1155/CodeRed>

Step 3: Be Informed Commonwealth's 2-1-1



- Mass 2-1-1 Commonwealth's primary telephone information call center during times of emergency designed to reduce the number of non-emergency calls made to 9-1-1

Step 3: Be Informed Radio Stations Broadcasting Emergency Information



- **WQRC 99.9 FM Radio**
(The Official Cape Cod Emergency Alert Radio Station)
- **WBZ AM 1030, FM 98.5**
(The State's Primary Emergency Alert Radio Station)
- **WBMX FM 104.1**
(The State's Alternate Emergency Alert Radio Station)

Refresher: The Three Steps to Preparedness



1. Make a Kit
2. Make a Plan
3. Be Informed

Additional Tips for safety



Fires:

- Have an evacuation plan
- Make sure everyone knows the plan
- Move up wind
- Eliminate fire hazards

Use L.I.E.S. storage procedures
(Limit, Isolate, Eliminate, Separate)
Store in good ventilation



Additional Tips for safety



Coastal Flooding:

- Listen to the radio or television for information.
- Be aware of streams, drainage channels, and other areas known to flood suddenly
- Do not touch electrical equipment if you are wet or standing in water.
- Do not drive into flooded areas!

Additional Tips for safety



Hurricanes & Tropical Storms:

- Listen to the radio or television for information.
- Ensure a supply of water for sanitary purposes such as cleaning and flushing toilets.
- Evacuate if you are directed by local authorities to do so.

Additional Tips for safety



Winter Storms:

- Listen to the radio, and television for weather reports and emergency information.
- Winterize your home & car
- Eat regularly and drink ample fluids, but avoid caffeine and alcohol.
- Avoid overexertion when shoveling snow

Additional Tips for safety



Power outages:

- Keep the refrigerator and freezer doors closed as much as possible
- In hot weather, stay cool and drink plenty of fluids to prevent heat-related illness.
- In cold weather, wear layers of clothing, which help to keep in body heat.

Additional Tips for safety



Downed power wires:

- Never, ever touch a downed power line or go near one!
- Always assume the power line is live.
- If a power line falls on a car, stay inside!
- Call 911 immediately to report a fallen power line.



Where to seek shelter

- **Barnstable Intermediate School**
895 Falmouth Road, Barnstable
- **Dennis-Yarmouth High School**
210 Station Avenue, South Yarmouth
- **Cape Cod Regional Technical School**
351 Pleasant Lake Avenue, Harwich
- **Falmouth High School**
874 Gifford Street, Falmouth
- **Sandwich High School**
365 Quaker Meetinghouse Road, Sandwich

Practice and maintain your plan



- Have a Disaster Kit ready
- Know your evacuation routes
- Have a rendezvous point
- Make sure others are prepared
- Call your out of state contact
- Listen to public broadcasts for more info



The Overall Benefit:

- Emergency Medical Services & Police services can become easily overwhelmed during an emergency. The better prepared you are to react to an event the less likely you'll be dependent on others.

QUESTIONS?



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